



# Moving Forward in Community Health

Training for Health Renewal Program

Phase 3 Overview

February 5, 2009

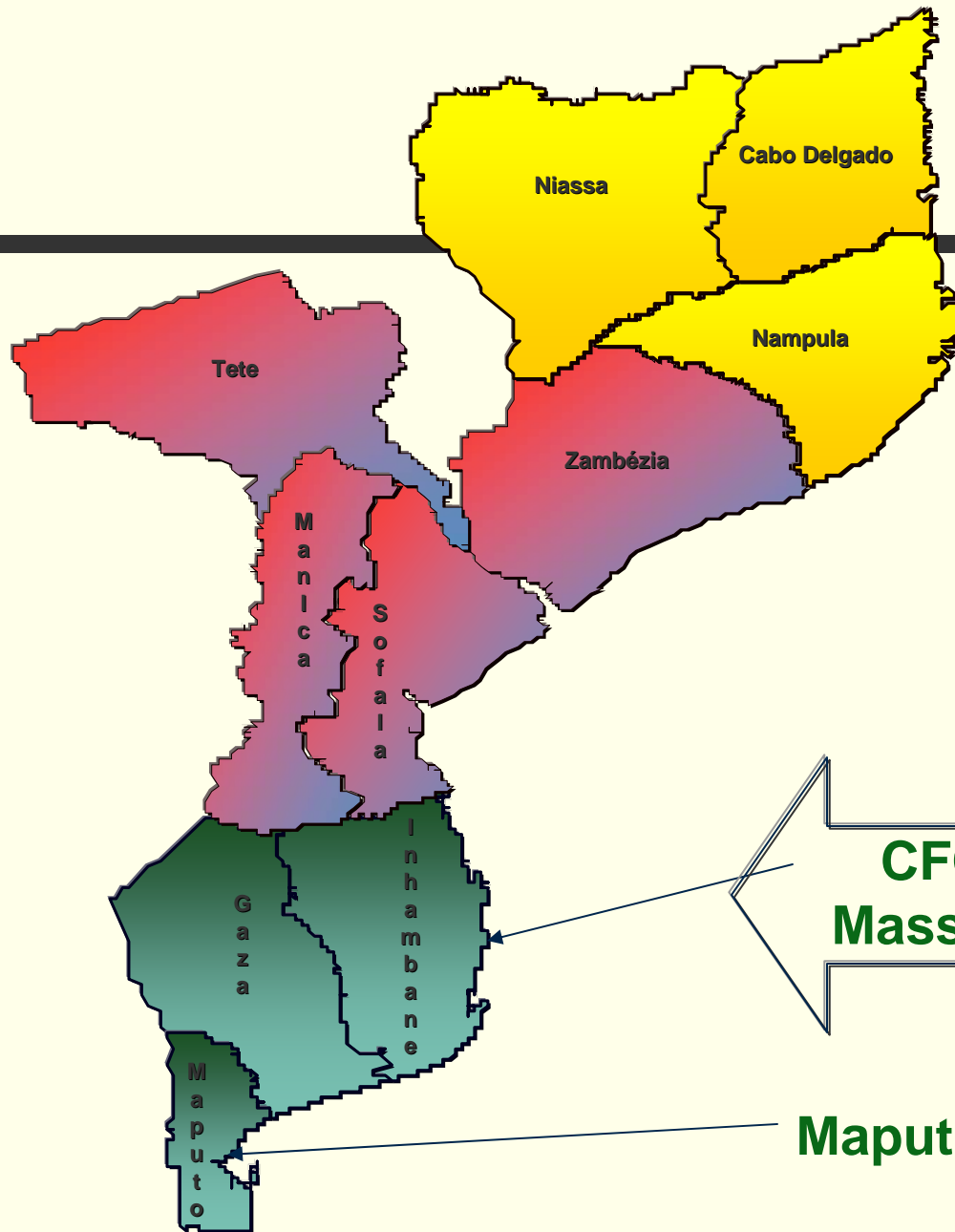


# Training for Health Renewal Program (THRP) Partners

---

- # The University of Saskatchewan: Executing Agency and Canadian Partner
    - Housed in Community Health and Epidemiology
  - # Mozambican Ministry of Health: Country Partner
    - Project recipient: Massinga Training Centre
  - # *Funder: Canadian International Development Agency*
-

# Republic of Mozambique



**CFCS  
Massinga**

**Maputo**

# Mozambique: Quick Facts

---

- # Population about 20 million
  - # 70% live below poverty line
  - # 81% live off agricultural production
  - # HIV prevalence (ages 15-49) 16%  
(subSaharan Africa 6%; world 1%)
  - # One television station
  - # 70,000 line telephones; 1.22 cell phones
  - # Major exports aluminum, prawns, cashews
-

# History: Builds on an Already Successful Project

---

- # Oral health : Precursor to THRP
    - UofS College of Dentistry and Moz. MOH Dept of Oral Health: 1989-1996
    - Community-based dental care
  - # THRP: Phase 1: 1998-2005
    - UofS Health Sciences, Moz. MOH Dept of Cont Ed, Other Sask. partners
    - Build methodology, partnerships, Massinga Centre; train trainers health workers
  - # THRP Phase 2: 2005-2008
    - Consolidate Massinga Centre; move to pre-service training
  - # THRP Phase 3: 2009-2014
    - Expand training, innovate, provide a model
-

# THRP Goal

---

- # To strengthen the capacities of Mozambican training institutions
    - to prepare health workers committed to and skilled in creating more egalitarian and effective relationships with each other and with the communities they serve.
-

# Key Results Achieved 1998-2008

---

- # Developed unique training methodology:
    - (i) teaching-learning by experience/discovery
    - (ii) community participation that informs training
    - (iii) reflective practice and participatory research
    - (iv) integration of HIV/AIDS and gender equality
    - (v) sustainability by influencing curriculum & policy
-

# Key Results (cont'd)

---

- # Trained health workers: civil servants & others
  - # Worked with civil society (Moz & Canada)
  - # Carried out participatory action research
  - # Collaborated internationally
    - UofS-MoH: exchanges  
(59 students, 6 Nursing, 7 MTL)
    - Public participation: films, articles
    - Other partners: CAW, community-based organizations, IICUSP, churches, schools, individuals,
-



# Massinga Centre Role

---

- # Train health workers: current capacity
    - 64 residential students in pre-service training
    - 12 residential in continuing education
  - # Enrich the quality of training for health care
    - Focus on community health
    - Unique training methodology
-

Type of Training and Trainees	Numbers
<b>Continuing Education</b>	
Professional health workers, teachers and support staff	428
Community activists including traditional healers, “barefoot doctors”	390
<b>Preparation to be teachers of health workers (15-18 months)</b>	
Completed 15-18 month courses (3 courses)	20
To be accepted for 18 month training in Feb/09	30
<b>Pre-service (undergraduate) training of new health workers</b>	
Graduated and employed in all provinces of the country	57
In training to graduate in May/09	22
In training to graduate in mid-2010	30
New class to enroll in Jan/09	30
<b>Partner communities’ health activists (2 days/month)</b>	130 each month
<b>Dissemination of community-based training methodology to other training centres in the country through immersion visits at Massinga Centre</b>	7 of 10 provinces + a multi-sectorial from group Sofala Province

# Phase 3 Goal

---

- # Contribute to Massinga Centre becoming a national model in community-based health training and practice
  - # Contribute to an effective health practice environment
-

# Key Elements

---

- # Primary health care: improve services and conditions for health
  - # Community relationships and partnerships
  - # Practitioners responsive to communities, engaging participation and community development
  - # Outreach and engagement training
  - # Institutional and health system transformation
  - # Development and education project
-

# Contributes to Other Initiatives

---

- # Supports HIV/AIDS and health
    - one of CIDA's priority sectors.
  - # Massinga Centre is in Inhambane province
    - a geographical focus for CIDA.
  - # Contributes to African Health Systems Initiative
    - the sub-sector of human resources for health.
  - # Contributes to Mozambique's progress toward the Millennium Development Goals (MDGs)
    - MDG 1 to reduce poverty; MDG 4 to reduce child mortality; MDG 5 to improve maternal health; MDG 3 to promote gender equality and empower women; and MDG 6 to combat HIV/AIDS, malaria and other diseases.
-

# Principal Activities

---

- # Teacher preparation and retention
  - # Training health workers
  - # Community relationships
  - # Model ward and health centre
  - # Curriculum and educational materials
  - # Training facilities and teacher housing
  - # Knowledge for health systems innovation
  - # Management and leadership
-

# Outcomes: Training Outreach and Engagement

---

- # Formal and informal health workers trained in community health
    - Pre-service courses
    - Continuing education courses
  - # Increased teacher corps
    - Adapt MOH teaching speciality course to include community components, gender equality
    - Teacher training courses
-

# Outcomes: Training Outreach and Engagement

---

## # Community sites

- New community partnerships
- Model health centre and Model ward

## # Massinga Centre

- Organisational development, human resources plan and continuing education
  - New facilities
-



# Outcomes: Health System Knowledge

---

## # Innovation

- New training products and reference materials
  - Applied research in partnership with MoH (e.g.: on health worker retention; worker performance) and evaluations
  - Exchange of knowledge and experiences with strategic partners, both nationally and internationally.
-

# Outcomes: Health System Knowledge

---

## # National Spread

- Dissemination of Massinga Centre enhanced curriculum and educational materials.
  - Collaboration with MoH Curriculum Development Unit.
  - Provision of orientations on Massinga Centre methodology for other training centres, government programs, NGOs
-

# Program Beneficiaries

---

## # Improved health systems

- Improved practices by Massinga Centre teachers and staff; associated communities, hospitals and health posts; Moz. training centres that adopt the Massinga Centre methodology;
- Better methods and policies for Moz. health system

## # Improved health for the Mozambican population

- Better, more responsive health services and
  - Better ability to take care of their health and to improve health conditions (determinants)
-

# Benefits for Canadians

---

- # Capacity for outreach and engagement, social accountability, and internationalization;
  - # Approaches and policies for exchanging knowledge and improving health through community participation;
  - # Practicum sites for students to gain wisdom and experience as global citizens and health workers;
  - # Participation in international forums and conferences and contribution to the policy dialogue on health systems.
-